



Exploring the Bible with Preschoolers

5 Tips to get you started...

- 1. Build the habit** & keep the long term in view. Your child might not remember at lunch time the story you talked about before morning tea, that's ok! They will remember with time, and in the process you're building the habits and culture of your family as one around God's word together.
- 2. Read the Bible with them.** When picking a storybook Bible to read with your child, pick ones that are biblically accurate, keep Jesus as the hero and are age appropriate. 3 good options for preschoolers are listed below.
- 3. Use play.** Kids learn through play, so whatever it is that your child loves to play with, use that to introduce them to the gospel story. If they love sitting and colouring, use that. If they love building with duplo, build the story out of duplo. If they have never once in their life sat still for more than 1 minute, then get them up to act out the story themselves. See the recommended resources below for great ideas on how to use play to introduce kids to the Bible.
- 4. Use the small moments.** Rather than heaping the pressure of Bible time onto one 15 minute block, chat and play through the story throughout the day. Read about God creating the world one morning? Chat about it as you walk through the park later that day. Read about Jesus feeding the 5000. Wonder over lunchtime if your child's lunch could feed a whole crowd of people. Use what you are already doing throughout your day to introduce Jesus to your kids.
- 5. Keep it simple.** There will be many more opportunities as your kids grow to spend time in the Bible with your little ones. So for these little years, they don't need to know every theological detail at play in each bible story. Keep it simple, and build on that as they grow.



Recommended Resources

- The Beginners Bible
- The Jesus Storybook Bible
- The Big Picture Story Bible
- Beginning with God Series
- Little Me Big God Series
- Play Through the Bible, by Alice Buckely
- Bake Through the Bible, by Susie Bentley-Taylor and Bekah Moore
- Play Through the Bible, by Liz Millay